



The Power of You
Week 4
Your Mind and
How to Use It

1. How I choose to use my mind determines everything in my life.
2. Forgiveness is a decision I make **about** myself and **for** myself.
3. I am more committed to building my future than I am to surviving my past.



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2019 Fall Program Prayer

There is only one Presence and Power in my life. It awakens my soul each day to the divine purpose I have come to express.

I am empowered by this divine energy to accept myself and every experience that comes my way. I use the power of my mind to focus on creating a life filled with happiness and joy.

I know that my soul is calling me to believe in all that is possible for me. This spark of conscious living ignites in me and I take command of my life.

*I turn within, partner with God, and step boldly into the life I was meant to live and all that I have come here to be.
And so it is, amen.*

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