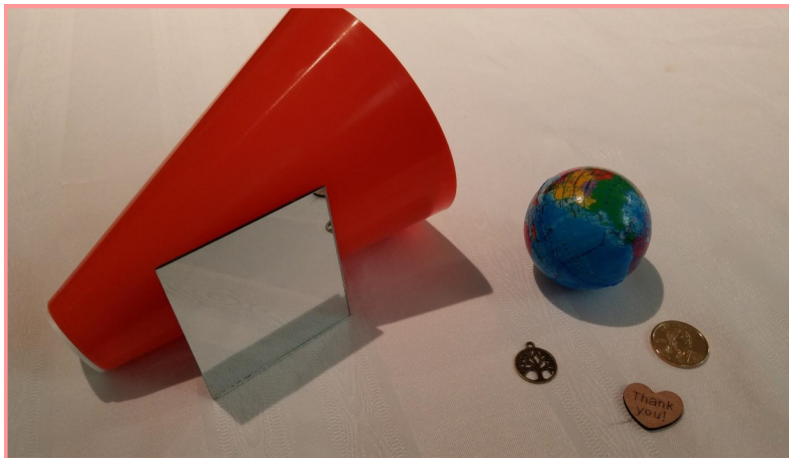


'I have seen the powerful grip that money has on our lives, the wounds and hardship that it can impose on us, and the immense healing power of even the smallest amounts of money when we use it to express our humanity - our highest ideals and our most soulful commitments and values.'

- Lynne Twist, from 'The Soul of Money', pg. xx



My sincere gratitude to everyone who helped create and/or participated in this year's Fall Program. To our education team, our small group hosts and facilitators, our Sunday worship team, and every one of you who chose to more deeply explore living consciously, fully, and joyfully in your relationship with money in order to transform every aspect of your lives . . . I honor you, I thank you, and I celebrate you.

- Rev. Eileen Stulak

Unity of Traverse City
3600 Five Mile Road, Traverse City, MI 49686
231.938.9587 · www.unitytraversecity.org



2018 Fall Program



September 23 - October 28, 2018

UNITY OF TRAVERSE CITY

Fall Program 2018

'The Soul of Money'

SUNDAY CELEBRATION SERVICES - 10:30 a.m.

September 23 thru October 28

CELEBRATION CIRCLES (small group study circles)
Weekly, beginning September 23, 2018With a New Introduction
Foreword by Jack Cashfeldt, author of *Chicken Soup for the Soul*Transforming Your Relationship
with Money and Life
Lynne TwistLocations, Days and Times will vary
by group host and facilitatorSunday services and group discussions
supported by 'The Soul of Money' by
Lynne Twist

CELEBRATION EVENT AND FUNDRAISER

'Dancing Through the Game of Life'

- ◇ Hors D'oeuvres
- ◇ Opening of Silent Auction
- ◇ Dinner
- ◇ Concert Judy Harrison
- ◇ Prosperity Palooza;
Silent and Live Auctions

Saturday, November 3

6:00 - 10:00 p.m.

Unity of Traverse City Campus

Tickets \$20.00 each at the door

Youth (age 13-17) tickets \$5.00, children under 12 are free

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Dear Friend,

Welcome to our Fall Program Series for 2018 - '**THE SOUL OF MONEY**'. This year, we are going to be exploring our relationship with money. We will learn ways that we can realign that relationship so that it is truly authentic and honest, empowers us to live a life of integrity, clearly expresses our deepest values, and makes a lasting difference in our world.

Over the six weeks of our Fall Program this year, you will be provided with various resources and tools to support you as you unpack your beliefs about money and the impact it has on your life and those around you. You will be offered: global activist and author Lynne Twist's book, 'The Soul of Money: Transforming Your Relationship with Money and Life', our weekly inspirational Sunday Celebration series, and this specially created curriculum guide for personal or small group study. As in past years, our small groups will form and I encourage you to step into the power of sharing with others of like mind and belief. The support, sharing, and bonding that take place are such sacred gifts to offer and to receive.

Our Fall Series is always designed with an intention for it to be an experience of deepening your faith, as well as your connection to your beloved spiritual community. It also offers the opportunity to form and deepen lasting friendships as you bring forth more and more of your unique Christ light into expression.

This year is one in which we are **GROWING DEEPER INTO GOD**. I look forward to joining you as we look more deeply at the role money plays in our lives and how we can begin the journey of bringing our soul to money and money to our soul.

Abundant blessings to you,
Rev. Eileen Stulak

FACILITATOR NAME _____

PHONE _____ EMAIL _____

STUDY GROUP MEMBERS

NAME _____

PHONE _____ EMAIL _____

NAME _____

PHONE _____ EMAIL _____

NAME _____

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Questions (Cont.)

3. Read the section about 'The Caterpillar and the Butterfly' on page 255. Which state of transformation are you in at this time? How will you use your money for creating the miracle of the butterfly?

'Growing Deeper' Challenge:

Hold money as a common trust that we're all responsible for using in ways that nurture and empower us, and all life, our planet, and all future generations.

Looking Ahead:

1. If your group has been working on a **Growing Deeper Challenge** or activity together, finalize your plans for its completion and/or sharing with the congregation.

2. Consider ways in which the group can remain connected now that the series is reaching its end.

- A. Attend the Fall Celebration Event and Fundraiser together on Saturday, November 3
- B. Meet for coffee and conversation once a month.
- C. Connect at the Thanksgiving potluck at the church on November 18.

Closing Prayer:

Mother/Father God, thank you for this life changing journey and for showing me how to have a new relationship with money. I am aware that I am an active part in the creation of the world. I affirm inner strength and divine inspiration to imbue my money with my soul and let it stand for who I am, my love, my heart, and my word. Amen.

Week 6 - 'Turning the Tide'

Welcome and Opening Prayer - Fall Program Prayer (p. 5)
 Read Group Shared Agreements (p. 5) and Check-In

Week 6 Reading: Chapter 12
 Pages 244 - 257

This week's Affirmations:

1. I use my money as an expression of love.
2. I create and live in a 'you and me' world, with no one left out.
3. The tide of lack turns as I use money as an instrument of my soul.

Quote (s):

'Old inaccurate assumptions are dropping away, and an emergence, a spiritual power, a soulful surge and transformation is bubbling up everywhere and is more powerful, more steady, more unshakable than the challenges that confront us.' - Lynne Twist, 'The Soul of Money', pg. 246

'In our relationship with money, he said, when we bring the divine presence to this temple of plenty we create an authentic and ethical relationship with money that expands, enlarges, and magnifies its value.' - Lynne Twist, 'The Soul of Money', pg. 247

'This is not a time of mere change. This is a time of transformation, and transformation comes not out of scarcity but out of the context of possibility, responsibility, and sufficiency.' - Lynne Twist, 'The Soul of Money', pg. 252

Questions:

1. How can you use money as a direct expression of your deepest sense of self? (pg. 254)
2. Can you share how you are contributing in creating the 'you and me' world?

THE SOUL OF MONEY SERIES PRAYER

I am a divine creation of God and I am here to live a creative life. I am strong and courageous, open to Spirit's inspiration in all its many forms. I give myself permission to be my authentic self, bringing forth the very best of who I am. I release all resistance, fears, and concerns for what others may think, and instead; I trust in the benevolent nature of the Universe. I listen to my soul, I embrace my uniqueness, and I show up each day in eager anticipation of all that wants to express through me. I am grateful to learn more about myself as I step into creative living. It is so, amen.

GROUP SHARED AGREEMENTS

1. I agree to be on time, ready to go, and to remain in our circle until it is complete.
2. I commit to be prayed up and current on my reading and any other preparation work that is mine to do.
3. I listen deeply for the voice of Spirit in all communication.
4. I communicate using 'I' statements so as to honor the unique perspective that we each have.
5. I respect others by being open to different perspectives as well as by being mindful of sharing in a timely manner.
6. I honor the sacredness of our community by holding in strictest confidence all that is said in our circle each week.
7. I understand that my presence is important and will contact the facilitator if I am unable to attend.
8. I contribute to building a trusting community where all are free to explore, grow and express new facets of their True Self.
9. Thank You God!

Week 1 - 'A Great Awakening'

Welcome and Opening Prayer - Fall Program Prayer (p. 5)
Read Group Shared Agreements (p. 5) and Check-In

Week 1 Reading: Chapters 1 and 2
Pages 3 - 40

This week's Affirmations:

1. Money has only the power I assign to it.
2. I have immense power.
3. I choose to imbue my money with my soul.

Quote(s):

'Money is the most universally motivating, mischievous, miraculous, maligned, and misunderstood part of contemporary life.'

- Lynne Twist, 'The Soul of Money', pg. 7

'Money itself isn't the problem. Money itself isn't bad or good. Money itself doesn't have power or not have power. It is our interpretation of money, our interaction with it, where the real mischief is and where we find the real opportunity for self-discovery and personal transformation.'

- Lynne Twist, 'The Soul of Money', pg. 19

'... what deeply matters to human beings, *our most universal soulful commitments and core values*, is the well-being of the people we love, ourselves, and the world in which we live.'

- Lynne Twist, 'The Soul of Money', pg. 11

Questions:

1. Rarely in our life is money a place of genuine freedom, joy, or clarity; yet, we routinely allow it to dictate the terms of our lives and often to be the single most important factor in the decisions we make about work, love, family, and friendship. How are you affected by decisions and money? In what ways do you spend money that adheres to your highest ideals and values?

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NOTES**Questions - Continued**

2. When have you experienced the joy and power of contributing, or investing money in the things you cared most deeply about . . . programs that spoke to your highest commitments?
3. What question(s) does Lynne Twist say are the principles of personal transformation and the empowering of self-inquiry?
4. What different truths have emerged for you about money and the human spirit after reading these first two chapters?

'Growing Deeper' Challenge:

1. Use your money, every dollar, every penny, every purchase, every stock and every bond, to voice your personal 'great awakening' to your money being an expression of your soulful commitment and higher calling.

Looking Ahead:

1. Discuss the possibility of a group activity or project based on the series, perhaps getting together to try a GROWING DEEPER CHALLENGE option or activity together; or creating one of your own.
2. Send stories, successes, photos, etc. for the church website and/or sharing in the Sunday bulletins.
3. Read Chapters 3 and 4; pages 43 - 94 for next week.

Closing Prayer:

Dear God, I affirm a new way of thinking being planted within me, bringing forth new thoughts and ideas. I pray and affirm strength to fully adopt a new way of thinking that aligns with you and the things you have for me to do. I release any thoughts and beliefs that do not serve me; but rather, hinder me from attaining the places you would have me go. I trust in you above all things, and am not reluctant to think or do what my human self believes is unfair. I am confident in knowing that Spirit is ordering my steps and can 'right' any 'wrongs'. And so it is, amen.

NOTES**'Growing Deeper' Challenge:**

1. Imbue your money with soul - your soul - and let it stand for who you are, your love, your heart, your word, and your humanity.

Looking Ahead:

1. Discuss the possibility of a group activity or project based on the series, perhaps getting together to try a **GROWING DEEPER CHALLENGE** option or activity together; or creating one of your own.
2. Send stories, successes, photos, etc. for the church website and/or sharing in the Sunday bulletins.
3. Read Chapter 12; pages 244 - 257 for next week.

Closing Prayer:

Dear God, I affirm that my life legacy reflects the values I've embraced on my journey and the soulful use of money I've initiated throughout. I understand that my intentions in giving now trickle down throughout the ages and benefit those in need for generations. For this, I am grateful. And so it is, amen.

Week 5 - 'Put a Voice to Your Legacy'

**Welcome and Opening Prayer - Fall Program Prayer (p. 5)
Read Group Shared Agreements (p. 5) and Check-In**

Week 5 Reading: Chapters 10 and 11
Pages 205 - 243

This week's Affirmations:

1. My words impact how I feel, what I experience, and how I see the world at any moment.
2. I have the power to shift, change, and create conversation that shapes my circumstances in positive and prosperous ways.
3. I value making a difference more than make a fortune.

Quote(s):

'Words do not label things already there. Words are like the knife of a carver: they free the idea, the thing, from the general formlessness of the outside. As a man speaks, not only is his language in a state of birth, but also the very thing about which he is talking.'

- Inuit wisdom

'The life you live is the legacy you live.' - Lynne Twist,
'The Soul of Money', pg. 225

Questions:

1. How do we let go of the conversation of fear? If we can accomplish this, how will our lives be changed?
2. How was 'Patriotism' displayed after 9-11? What did this shift in thinking reflect - scarcity or sufficiency? Explain your thoughts.
3. Lynne Twist explains that money given 'appropriately' (from the soul) may last forever, and trickle down to future generations. What does this mean to you?
4. What do you think the concept (false myth) 'more is better' has done to our species? In your opinion, what has the seductive force of money and material wealth done to relationships and quality of living?

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Week 2 - 'The Myths of Scarcity'

Welcome and Opening Prayer - Fall Program Prayer (p. 5)

Read Group Shared Agreements (p. 5) and Check-In

Week 2 Reading: Chapters 3 and 4
Pages 43 - 94

This week's Affirmations:

1. I live in a world of unlimited abundance.
2. Money and material possessions do not define who I am.
3. Nothing is impossible with God.

Quote(s):

'There is a natural law of abundance which pervades the entire universe, but it will not flow through a doorway of belief in lack and limitation.' - Paul Zaiter

'Life sentences limit our possibilities.'
- Lynne Twist, 'The Soul of Money', pg. 55

'When you let go of trying to get more of what you don't really need, it frees up oceans of energy to make a difference with what you have. When you make a difference with what you have, it expands.'
- Lynne Twist, 'The Soul of Money', pg. 67

Questions:

1. How has the 'concept of Scarcity' limited your life as well as those of others that you love?
2. '*That's just the way it is.*' After studying this week's chapters, what does this quote now mean to you?
3. Sufficiency - there is always enough! When you assess your own life, how does this affect your perspective of the opportunities and blessings you already have?

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Questions - Continued

4. How is it possible to align money with your soul? What does this mean to you?

‘Growing Deeper’ Challenge:

1. Look for ways that you may be viewing money through a lens of scarcity. Determine if scarcity is present in the ways you have used it or are currently using your money.

Looking Ahead:

1. Discuss the possibility of a group activity or project based on the series, perhaps getting together to try a **GROWING DEEPER CHALLENGE** option or activity together; or creating one of your own.
2. Send stories, successes, photos, etc. for the church website- and/or sharing in the Sunday bulletins.
3. Read Chapters 5, 6, and 7; pages 97 - 170 for next week.

Closing Prayer:

Loving Spirit, I affirm that I am a spiritual being that understands the concepts of scarcity and sufficiency. I embrace the opportunity to align my soul with the use of the money I have at my disposal. I am lovingly determined to use all of my gifts in ways that will benefit others while reflecting my inner values of faith, love, compassion, and gratitude. I give thanks for these Truths. And so it is, amen.

PUTTING OUR MONEY BEHIND OUR COMMITMENTS**Organizations Making a Difference - With Your Help**

Following is a listing of just a few organizations that are doing their part to put their 'soul' into all they do. From sharing portions of proceeds on all sales to a wide variety of non-profit charitable organizations, partnering with producers in the spirit of free trade and fair wages, to simply wanting to take a small step every day to make a positive difference in the world; they are wonderful ways to consider bringing to life the 'soul' in our money as we choose how and where to spend it.

We encourage you to check out their websites and do more research on your own for others that speak to your heart. Share them with your small group (if you are participating in one) or with everyone in the congregation on Sunday mornings. There are pages that follow that you can tear out of your study guides and place in the marked basket in the church lobby. We will gladly make copies and have them available for others on the following Sunday.

Sivana Spirit (www.sivanaspirit.com)

Every purchase helps provide Fair Trade Jobs around the world and Life-Saving Vital Nutrient Programs for children in India.

Cuddle + Kind (www.cuddleandkind.com)

Ethically produced, hand-knit dolls that help feel children.
Hand-crafted by women artisans in Peru, providing them with a sustainable, fair trade income. Each doll sold provides 10 meals.

Questions:

1. Have you ever had a dream/vision that didn't leave you? Have you taken any action on it? If so, in what way? If not, what held you back from doing so?
2. What do you stand for? How do you use money to support your stand? What else could you do?
3. Look at your life courageously and objectively. Look at how you spend your money. Have you ever questioned 'the unquestioned assumptions and attitudes about money in your culture that can lead to actions that demean and devalue life?' If so, what did you find? If not, and you were to do so, what would it reveal?

'Growing Deeper' Challenge:

1. Move the resources that flow through your life toward your highest commitments and ideals, those things you stand for.
2. Consider the resources on the following pages and the ways in which they use the resources they receive to make a bigger and transformative impact in the lives of people around the world. Research others on your own and share them with your group and the congregation. See how directing your resources in this way can be a gift that keeps on giving.

Looking Ahead:

1. Discuss the possibility of a group activity or project based on the series, perhaps getting together to try a **GROWING DEEPER CHALLENGE** option or activity together; or creating one of your own.
2. Send stories, successes, photos, etc. for the church website and/or sharing in the Sunday bulletins.
3. Read Chapters 10 and 11; pages 205 - 243 for next week.

Closing Prayer:

Mother/Father God, thank you for inspiring in me a new dream for our world. One of sufficiency, empowerment, collaboration, abundance, and love. I affirm the courage to take the inspired actions toward making this dream come true. Thank you for orchestrating the mysterious synchronicity to support the stand I take. I partner with you as I question the reality, and open up to new thoughts, new ideas, and new perspectives. Amen.

Week 4 - 'Change the Dream; Stand Up for What You Believe

Welcome and Opening Prayer - Fall Program Prayer (p. 5)
Read Group Shared Agreements (p. 5) and Check-In

Week 4 Reading: Chapters 8 and 9
Pages 173 - 204

This week's Affirmations:

1. I take a stand that expresses the dreams of my soul.
2. My authentic stand attracts every resource needed to fulfill it.
3. I use my money in ways that align with my values and highest ideals.

Quote(s):

'When we have the courage to let go of the dream we have now - the dream and drive and trance to accumulate more - then we have the space to envision and create the new dream, a dream that sees us engaged in respecting, preserving, honoring what we have. In that space of nourishment, in that vision of a new relationship with life, natural harmony and creativity abound.

- Lynne Twist, 'The Soul of Money', pg. 183

'Taking a stand is a way of living and being that draws on a place within yourself that is at the very heart of who you are. When you take a stand, it gives you authenticity, power, and clarity. You find your place in the universe, and you have the capacity to move the world.'

- Lynne Twist, 'The Soul of Money', pg. 184

'One of the great dynamics of money is that it grounds us, and when we put money behind our commitments it grounds them, too, making them real in the world.' - Lynne Twist, 'The Soul of Money', pg. 194

Kiva (www.kiva.com)

A vision of the world where all people hold the power to create opportunities for themselves and others. They offer the opportunity for anyone to donate money as part of a loan that would be pre-approved for a potential borrower's venture. The loan is paid back in full with the lender either funding another venture or withdrawing their funds. Kiva is active in more than 80 countries on 5 continents. Their desire is to improve people's lives through safe, fair access to credit.

GreaterGood (www.greatergood.com)

This organization strives to connect a passionate audience with simple online tools to make the world a better place. They turn your desire to make a difference into tangible, documented support for charities that help people, save pets, and improve the planet.

A financial donation can be made to non-profits of your choice directly from their website. Or, you can visit any of the following sites to purchase a wide variety of products, with a portion of each sale being used in furtherance of its particular purpose. Sites of choice include:

The Animal Rescue Site	The Veterans Site
The Rainforest Site	The Autism Site
The Hunger Site	The Diabetes Site
The Breast Cancer Site	The Literacy Site

Use the following pages to list other sites to share with our spiritual community.

Let's all do what we can to live the concept of 'The Soul of Money' and watch as that soulful energy makes a positive difference in the world.

ADDITIONAL RESOURCES TO SHARE

Organization and Website Address:

Brief Summary of Their Work:

ADDITIONAL RESOURCES TO SHARE

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Brief Summary of Their Work:

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Brief Summary of Their Work:

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